

**How Shall the Young Secure Their  
Hearts?**  
#253 PFTL

1

How shall the young secure their hearts  
and guard their lives from sin?  
Thy Word the choicest rules imparts  
to keep the conscience clean.

2

'Tis like the sun, a heav'nly light  
that guides us all the day,  
and through the dangers of the night  
a lamp to lead our way.

3

Thy Word is everlasting truth;  
how pure is ev'ry page!  
That holy book will guide our youth  
and well support our age.

**Con qué el joven guardará**

1

¿Con qué el joven guardará  
Su vida del pecar?  
Tu ley las reglas le dará  
La conciencia\_a limpiar.

2

Es como\_el sol, luz celestial  
Que\_en día guía es,  
Y\_en noche protección me da  
La lámpara\_a mis pies.

3

Tu ley, repleta de virtud,  
Verdad eterna es.  
Nos guía\_en nuestra juventud  
Y hasta la vejez.